



Menu



Healthier
options
available here



"Organic & 100% finest
Arabic Coffee beans"

Salad



Martian Delight

12.7

Fresh Lettuce, Roasted Mango, Chicken Chutney, Baked Pumpkin, Cherry Tomatoes, Carrots, Cucumber, Wasabi Mayo Dressing

207.9 kcal



Journey to Norway

13.7

Fresh Lettuce, Mesclun Leaves, Smoked Salmon, Beetroot, Capsicum, Cherry Tomatoes, Broccoli, Balsamic Vinaigrette Dressing

136.6 kcal



Tower of Pisa

12.7

Fresh Lettuce, Grilled Chicken, Chickpeas, Cherry Tomatoes, Capsicum, Kidney Beans, Italian Vinaigrette Dressing

289.7 kcal



Iron Rich

13.7

Spinach Leaves, Feta Cheese, Roasted Almond Flakes, Kidney Beans, Chickpeas, Raisins, Tropical Mint Dressing

489.3 kcal



Classic Caesar

12.7

Fresh Lettuce, Grilled Chicken, Parmesan Cheese, Croutons, Boiled Eggs, Classic Caesar Dressing

496.5 kcal



Nutty Fruity

12.7

Fresh Lettuce, Roasted Almond Flakes, Strawberry, Mango, Grapes, Apple, Mandarin Orange, Sunflower Seeds, Tropical Mint Dressing

335.1 kcal



Taj Mahal

12.7

Fresh Lettuce, Tandoori Chicken, Red Onions, Cherry Tomatoes, Cucumber, Capsicum, Mint Yogurt Dressing

184.2 kcal



Classic Greek

12.7

Fresh Lettuce, Feta Cheese, Olives, Cherry Tomatoes, Cucumber, Beetroot, Fresh Lemon Juice & Olive Oil Dressing

310.6 kcal



New York

12.7

Fresh Lettuce, Turkey Ham, Cherry Tomatoes, Olives, Capsicum, Celery, Creamy Avocado Dressing

280.1 kcal



Mexicana Fiesta

12.7

Fresh Lettuce, Cheddar Cheese, Crushed Corn Chips, Avocado, Kidney Beans, Jalapeno, Cherry Tomatoes, Creamy Avocado Dressing

496.2 kcal



= vegetarian

GST included



Wrap



Martian Delight 12.7

Fresh Lettuce, Roasted Mango, Chicken Chutney, Baked Pumpkin, Cherry Tomatoes, Carrots, Cucumber, Wasabi Mayo Dressing

207.9 kcal + selected tortilla kcal



Journey to Norway 13.7

Fresh Lettuce, Mesclun Leaves, Smoked Salmon, Beetroot, Capsicum, Cherry Tomatoes, Broccoli, Balsamic Vinaigrette Dressing

136.6 kcal + selected tortilla kcal



Tower of Pisa 12.7

Fresh Lettuce, Grilled Chicken, Chickpeas, Cherry Tomatoes, Capsicum, Kidney Beans, Italian Vinaigrette Dressing

289.7 kcal + selected tortilla kcal



Iron Rich 13.7

Spinach Leaves, Feta Cheese, Roasted Almond Flakes, Kidney Beans, Chickpeas, Raisins, Tropical Mint Dressing

489.3 kcal + selected tortilla kcal



Classic Caesar 12.7

Fresh Lettuce, Grilled Chicken, Parmesan Cheese, Croutons, Boiled Eggs, Classic Caesar Dressing

496.5 kcal + selected tortilla kcal



Nutty Fruity 12.7

Fresh Lettuce, Roasted Almond Flakes, Strawberry, Mango, Grapes, Apple, Mandarin Orange, Sunflower Seeds, Tropical Mint Dressing

335.1 kcal + selected tortilla kcal



Taj Mahal 12.7

Fresh Lettuce, Tandoori Chicken, Red Onions, Cherry Tomatoes, Cucumber, Capsicum, Mint Yogurt Dressing

184.2 kcal + selected tortilla kcal



Classic Greek 12.7

Fresh Lettuce, Feta Cheese, Olives, Cherry Tomatoes, Cucumber, Beetroot, Fresh Lemon Juice & Olive Oil Dressing

310.6 kcal + selected tortilla kcal



New York New York 12.7

Fresh Lettuce, Turkey Ham, Cherry Tomatoes, Olives, Capsicum, Celery, Creamy Avocado Dressing

280.1 kcal + selected tortilla kcal



Mexicana Fiesta 12.7

Fresh Lettuce, Cheddar Cheese, Crushed Corn Chips, Avocado, Kidney Beans, Jalapeno, Cherry Tomatoes, Creamy Avocado Dressing

496.2 kcal + selected tortilla kcal

Select your Tortilla:



Plain
280 kcal



Tomato Basil
270 kcal



Spinach
260 kcal



Whole Meal
190 kcal

= vegetarian
GST included



Bowl

Keto Life



Grilled Teriyaki Chicken 12.7
Fresh Lettuce, Grilled Teriyaki Chicken, Feta Cheese, Cucumber, Cherry Tomatoes, Ajitama Egg, Fresh Lemon Juice & Olive Oil Dressing
549 kcal



Grilled Herb-Crusted Salmon 14.7
Fresh Lettuce, Grilled Herb-Crusted Salmon, Purple Cabbage, French Beans, Capsicum, Chickpeas, Poached Egg, Italian Vinaigrette Dressing
416 kcal 



Grilled Rib-eye 13.7
Fresh Lettuce, Grilled Rib-eye Beef, Kimchi, Baked Pumpkin, Blanched Zucchini, Poached Egg, Sesame Ginger Dressing
401 kcal 



Grilled BBQ Salmon 14.7
Fresh Lettuce, Grilled BBQ Salmon, Super Vege Mix, Cherry Tomatoes, Parmesan Cheese, Hardboiled Egg, Sweet Onion Dressing
489 kcal 

Organic Grain



Grilled Teriyaki Chicken 12.7
Organic Quinoa, Grilled Teriyaki Chicken, Blanched Broccoli, Cherry Tomatoes, Ajitama Egg, Fresh Lettuce, Tropical Mint Dressing
546 kcal 



Grilled Herb-Crusted Salmon 14.7
Organic Quinoa, Grilled Herb-Crusted Salmon, Grilled Mushroom, Cherry Tomatoes, Sweet Corn, Poached Egg, Fresh Lettuce, Tropical Mint Dressing
544 kcal 



Grilled Rib-eye 13.7
Organic Quinoa, Grilled Strip-loin Beef, Kimchi, Super Vege Mix, Carrot, Poached Egg, Fresh Lettuce, Sesame Ginger Dressing
526 kcal 



Grilled BBQ Salmon 14.7
Organic Quinoa, Grilled BBQ Salmon, Baked Pumpkin, Blanched Zucchini, Kidney Beans, Hardboiled Egg, Fresh Lettuce, Sweet Onion Dressing
534 kcal 

Bowl

Wholegrain Soba



Grilled Teriyaki Chicken 12.7

Cold Soba, Grilled Teriyaki Chicken, Edamame, Cherry Tomatoes, Sweet Corn, Ajitama Egg, Fresh Lettuce, Japanese Roasted Sesame Dressing

594 kcal



Grilled Herb-Crusted Salmon 14.7

Cold Soba, Grilled Herb-Crusted Salmon, Baked Pumpkin, Beetroot, Blanched Zucchini, Poached Egg, Fresh Lettuce, Japanese Roasted Sesame Dressing

458 kcal



Grilled Rib-eye 13.7

Cold Soba, Grilled Strip-loin Beef, Kimchi, Blanched Broccoli, Purple Cabbage, Poached Egg, Fresh Lettuce, Sesame Ginger Dressing

539 kcal



Grilled BBQ Salmon 14.7

Cold Soba, Grilled BBQ Salmon, Sweet Corn, French Beans, Purple Cabbage, Ajitama Egg, Fresh Lettuce, Sweet Onion Dressing

538 kcal



Burrito Box



Mango Chicken Burrito 11.5

Roasted Mango Chicken Chutney, Organic Brown Rice, Fresh Lettuce, Cherry Tomatoes, Cucumber, Capsicum, Creamy Avocado Dressing
520 kcal



Tuna Flakes Burrito 11.5

Tuna Flakes, Organic Brown Rice, Fresh Lettuce, Cucumber, Cherry Tomatoes, Capsicum, Creamy Avocado Dressing
466 kcal



Tandoori Chicken Burrito 11.5

Tandoori Chicken, Organic Brown Rice, Fresh Lettuce, Cucumber, Cherry Tomatoes, Capsicum, Creamy Avocado Dressing
489 kcal



Beef Burrito 11.5

Roasted Beef, Organic Brown Rice, Fresh Lettuce, Cucumber, Cherry Tomatoes, Capsicum, Creamy Avocado Dressing
458 kcal



Grilled Chicken Burrito 11.5

Grilled Chicken, Organic Brown Rice, Fresh Lettuce, Cucumber, Cherry Tomatoes, Capsicum, Creamy Avocado Dressing
465 kcal



Vegetarian Burrito 11.5

Falafel, Organic Brown Rice, Fresh Lettuce, Cucumber, Cherry Tomatoes, Capsicum, Creamy Avocado Dressing
582 kcal

= vegetarian

Only plain tortilla is used
GST included



Wrap Box



Small Mexicana

11.5

Cheddar Cheese, Fresh Lettuce,
Crushed Corn Chips, Kidney Beans,
Avocado, Jalapeno, Cherry Tomatoes,
Creamy Avocado Dressing
500 kcal



Small Martian

11.5

Roasted Mango Chicken Chutney,
Fresh Lettuce, Baked Pumpkin,
Cherry Tomatoes, Cucumber,
Wasabi Mayo Dressing
500 kcal



Small Classic Caesar

11.5

Grilled Chicken, Fresh Lettuce,
Parmesan Cheese,
Croutons, Boiled Eggs,
Classic Caesar Dressing
500 kcal



Popeye Spinach

11.5

Feta Cheese, Spinach Leaves,
Hardboiled Egg, Cherry
Tomatoes, Cucumber,
Sour Cream
450 kcal



Small Taj Mahal

11.5

Tandoori Chicken, Fresh Lettuce,
Red Onions, Cherry Tomatoes,
Cucumber, Capsicum,
Mint Yogurt Dressing
500 kcal



Wild Turkey Surprise

11.5

Turkey Ham, Fresh Lettuce,
Cheddar Cheese, Hardboiled Egg
Cherry Tomatoes, Cucumber,
Sour Cream
546 kcal

Only plain tortilla is used
GST included



Quesadillas



Beef Quesadillas

Roasted Beef, Cheddar Cheese, Hardboiled Egg,
Cherry Tomatoes, Cucumber, Jalapeno,
Sour Cream Dressing

502 kcal

Large

8.6

Regular

5.4



Mango Chicken

Roasted Mango Chicken Chutney, Cheddar Cheese,
Hardboiled Egg, Cherry Tomatoes, Cucumber,
Sour Cream Dressing

546 kcal

8.6

5.4



Tandoori Chicken

Tandoori Chicken, Cheddar Cheese,
Hardboiled Egg, Cherry Tomatoes, Cucumber,
Sour Cream Dressing

541 kcal

8.6

5.4



Grilled Chicken

Grilled Chicken, Cheddar Cheese,
Hardboiled Egg, Cherry Tomatoes, Cucumber,
Sour Cream Dressing

517 kcal

8.6

5.4



Vegetarian

Falafel Cheddar Cheese, Hardboiled Egg,
Cherry Tomatoes, Cucumber,
Sour Cream Dressing

500 kcal

8.6

5.4

 = vegetarian

Only plain tortilla is used

GST included



Sandwiches

Foccacia Sandwich



Tuna

Foccacia

7.1

Foccacia Bread, Tuna Flakes, Cherry Tomatoes, Fresh Lettuce, Sweet Onion, Black Olives, Mint Yogurt Dressing



Smoke Salmon & Cheese

Foccacia

7.1

Foccacia Bread, Smoked Salmon, Cucumber, Feta Cheese, Fresh Lettuce, Mint Yogurt Dressing



Grilled Chicken & Cheese

Foccacia

7.2

Foccacia Bread, Grilled Chicken, Cheddar Cheese, Fresh Lettuce, Shredded Capsicum, Mint Yogurt Dressing



Turkey Ham & Cheese

Foccacia

7.1

Foccacia Bread, Turkey Ham, Cheddar Cheese, Cucumber, Cherry Tomatoes, Fresh Lettuce, Mint Yogurt Dressing

Open Face Sourdough Sandwich



Turkey Ham & Avocado on Sourdough

7.1

Sourdough, Turkey Ham, Cheddar Cheese, Cherry Tomatoes, Avocado, Creamy Avocado



Smoked Salmon & Avocado on Sourdough

7.1

Sourdough, Smoked Salmon, Feta Cheese, Corn Chips, Avocado, Creamy Avocado

Bagel Burger



Turkey Ham & Cheese Bagel

8.6

Bagel, Turkey Ham, Cheddar Cheese, Cucumber, Cherry Tomatoes, Creamy Avocado



Smoked Salmon & Cheese Bagel

8.6

Bagel, Smoked Salmon, Cheddar Cheese, Cucumber, Cherry Tomatoes, Creamy Avocado



Smoked Salmon & Coleslaw Bagel

8.6

Bagel, Smoked Salmon, Coleslaw with Purple Cabbage Mix, Cherry Tomatoes, Creamy Avocado



Grilled Chicken & Coleslaw Bagel

8.6

Bagel, Grilled Chicken, Coleslaw with Purple Cabbage Mix, Cucumber, Cherry Tomatoes, Creamy Avocado

Beverages

Slow-Pressed Juice

\$6.5

- D 12%** **Baby Skin**
Cucumber, Orange, Grapes
- C 8%** **Cooler**
Cucumber, Ginger, Apple
- C 8%** **Daily Dose**
Carrot, Apple, Orange
- D 12%** **Energy**
Grape, Apple, Orange
- C 8%** **"Lose 2 Pounds"**
Cucumber, Lemon, Apple
- C 8%** **Major Service**
Beetroot, Carrot, Apple
- C 8%** **Stamina**
Orange, Lemon, Apple
- C 8%** **System Overhaul**
Bittergourd, Lemon, Apple
- A 0%** **Vege Might**
Tomatoes, Cucumber, Carrot, Celery

MAKE YOUR OWN!

1. 2 or 3 Fruits
2. 2 Fruits + 1 Vege
3. 1 Fruit + 1 Vege

Fruit Choices:

Apple, Orange, Grapes, Lemon

Vege Choices:

Tomatoes, Cucumber, Ginger, Bittergourd, Celery



Hot Beverages

\$4.3

- A 0%** 1. Americano
- B 4%** 2. Latte
- B 4%** 3. Cappuccino
- A 0%** 4. Espresso
- D 12%** 5. Belgium Chocolate
- C 8%** 6. Mocha
- A 0%** 7. Teas Assorted
- Select your tea bag from the tea chassis



"Organic & 100% finest Arabic Coffee beans"

Cold Beverages

Subject to Availability

- B 4%** 1. UFC 100% Coconut Water (500ml) \$3.8
- B 4%** 2. Cocomax Milk Cold Press (500ml) \$3.8
- B 4%** 3. Ripe Juice (250ml) - Cranberry/Blueberry \$3.2
- C 8%** 4. Ripe Juice (500ml) - Apple/Orange \$3.8
- C 8%** 5. YouC1000 (500ml) - Lemon/Orange \$3.8
- A 0%** 6. Footprints Alkaline pH8 Drinking Water (500ml) \$2.8
- A 0%** 7. Mineral Water (500ml) \$2.2



Nutri-Grade is based on default preparation



Snacks & Soup

Soup of the Day

\$4.3

Please check with
our counter staff
on today's special!



Snacks

Subject to Availability

Greek Fusili Cup	\$4.3
Turkey Penne Cup	\$4.3
Tortilla Chips (65g) - Garlic Butter / Cheese / BBQ	\$3.9
Corn Chips (75g)	\$3.9
Pretzal (57g) - Honey Mustard & Onion/Cheddar Cheese	\$2.8
Pretzal Mini (42g)	\$2.8



Fruits

Subject to Availability

Fruit Platter (for Delivery only)	\$40.9
Assorted Bite-sized Fresh Fruits	
Fruit Cup	\$4.3
Assorted Bite-sized Fresh Fruits	



GST included



3C Lunchboxes

For Delivery only

Choose your Carb (except Greek Fusilli):

1. Cold Soba,
2. Organic Brown Rice or
3. Organic Tri-Colour Quinoa



Grilled Cajun Chicken 13.9

Selected Carb, Grilled Zucchini, Cherry Tomatoes, Corn Chips, Romaine Lettuce,
Choose One Dressing

555 kcal



Tandoori Chicken 13.9

Selected Carb, Broccoli, Sweet Corn, Corn Chips, Romaine Lettuce
Choose One Dressing

465 kcal



Seared Teriyaki Chicken 13.9

Selected Carb, French Beans, Carrots, Corn Chips, Romaine Lettuce
Choose One Dressing

565 kcal



Smoked Salmon 13.9

Selected Carb, Edamame, Beefroot, Corn Chips, Romaine Lettuce
Choose One Dressing

500 kcal



Roast Beef 13.9

Selected Carb, Hardboiled Egg, Grilled Egg Plant, Cucumber, Corn Chips, Romaine Lettuce
Choose One Dressing

414 kcal



Shawarma 13.9

Selected Carb, Purple Cabbage, Chickpeas, Corn Chips, Romaine Lettuce
Choose One Dressing

543 kcal



Grilled Chicken 13.9

Selected Carb, Capsicum, Baked Pumpkin, Corn Chips, Romaine Lettuce
Choose One Dressing

557 kcal



Greek Fusilli 13.9

Mandarin Orange, Grapes, Pineapple, Almond Flakes, Corn Chips, Romaine Lettuce
Choose One Dressing

507 kcal

Dressings Available:

- ✓ 1. Japanese Roasted Sesame
2. Classic Caesar
3. Sesame Ginger

kcal per serving of 20ml

33.5

108.4

49.0

✓ Dressing included in kcal count and endorsement

GST included



4C Lunchboxes

For Delivery only



Asian

Taj Mahal Wrap,
Amazing Thailand Salad,
Fruits, Corn Chips

14.9



Vegetarian

Grilled Vegetables in
Focaccia Bread, Garden Salad,
Fruits, Corn Chips

14.9



European

Greek Fusilli,
Classic Caesar Wrap,
Fruits, Corn Chips

14.9



Seafood

Seafood Farfelle Pasta,
Journey to Norway Wrap,
Fruits, Corn Chips

15.9



Western

Chicken in Focaccia Bread
Classic Caesar Wrap,
Fruits, Corn Chips

14.9



Mexicana

Mexicana Fiesta Salad,
Beef Quesadillas,
Fruits, Corn Chips

15.9



Turkey Ham & Cheese

Turkey Ham & Cheese in Focaccia
Bread, Iron-rich Wrap,
Fruits, Corn Chips

14.9



Japanese

Tuna Lover Wrap, Soba Noodles
in Japanese Dressing,
Fruits, Corn Chips

15.9

Trays

For Delivery only

Salad

(For 3-4 Pax)

Martian's Delight	44.9	Journey to Norway	46.9
Tower of Pisa	44.9	Iron Rich	46.9
Classic Caesar	44.9	Nutty Fruity	44.9
Taj Mahal	44.9	Classic Greek	44.9
New York New York	44.9	Mexicana Fiesta	44.9

Pasta

(For 4-6 Pax)



Beans & Nuts Couscous Couscous, Edamame Corn, Peanut, Chickpeas (Lemon Juice, Olive Oil)	40.90	Seafood Farfalle Farfalle Pasta, Crabstick, Prawn, Onion, Tomato, Cucumber, Capsicum (Chilli Crab)	49.90
Greek Fusilli Fusilli Pasta, Feta Cheese, Tomato, Cucumber, Olives (Pesto in Olive Oil)	45.90	Turkey Penne Surprise Turkey Ham, Tomato, Onion, Cucumber, Olives, Penne Pasta (Classic Ranch)	49.90

Mini Wraps

(For 4-6 Pax)



Choose any 4 below: 59.9

Martian's Delight	New York New York
Tower of Pisa	Iron Rich
Classic Caesar	Classic Greek
Taj Mahal	Arabian Paradise
Amazing Thai	

Focaccia Sandwich

(For 4-6 Pax)



Turkey Ham, Cheese & Egg Turkey Ham, Cheese, Egg (Classic Mayo)	44.90	Vegetarian Grilled Vegetables, Feta, (Spice Mint Spread)	44.90
Chicken Grilled Chicken, Coleslaw, (Classic Mayo)	44.90		

GST included



Order here!

INFORMATION REQUIRED:

Contact Person: _____

Contact Number: _____

Billing Information

Name of (Person/Company): _____

Billing Address: _____

Delivery Address: _____

(if different from Billing) _____

Delivery Date / Time: _____

Note:

Send the above information along with the details of items required to enquiry@simplywrapps.com & our Sales Team will attend to your requirement accordingly.

**At least 24hrs in advance and min. \$50 spend for Delivery Order.*

**Delivery charges apply, based on delivery address.*

All self-collection for delivery-only items will be at Harbourfront Centre outlet.

For other ONLINE orders requirements, kindly visit us at www.simplywrapps.com/great-deals



enquiry@simplywrapps.com



www.facebook.com/SimplyWrapps



www.simplywrapps.com



6271 0686

Just Eat Healthy.
Skip the Diet!